



Beech Class Home Learning Grid—Food Glorious Food



Try a new food from a different country. Can you find where it comes from on a map? Can you find out about other food that comes from that country?

Can you find out about food from other countries? Can you locate the countries on a world map?



Can you make a fruit kebab? Can you discuss where the ingredients come from?



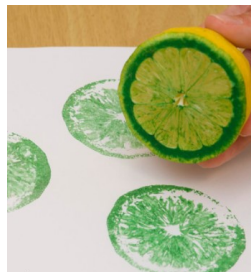
Follow a recipe, weighing and measuring all the ingredients yourself. Remember to photograph yourself in action.

Plant some food to grow at home. This could be as simple as cress or as adventurous as an apple tree! Keep watching your food and note the changes.

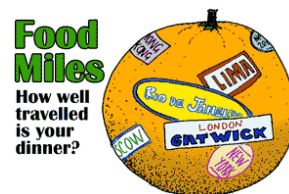
What is meant by the term FAIRTRADE? Can you find some foods in your home that are FAIRTRADE? Can you find out what foods can be FAIRTRADE?



Use a fruit or vegetable to print a pattern in your book.



Investigate the term - Food Miles and the impact on the world. Can you make a poster to tell us more?



Use your senses! Ask an adult to blindfold you. They should then feed you some foods. You should use your sense of smell, touch and taste to work out which foods you have been given.

Have a look at foods we should eat and the food groups. Can you design a healthy meal from what you have learned?





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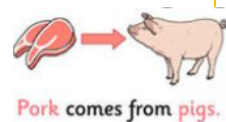


Make your favourite food. Remember to take photos of it! Then write down the ingredients and instructions telling others how to make it.

Can you find out about food from the United Kingdom? What food comes from England, Ireland, Scotland and Wales? Can you find these places on a map?

Find out where these foods come from:

- Bread
- Milk
- Eggs
- Chips
- Honey



Most food comes from either plants or animals.

Can you find some foods that come from plants and food that comes from animals?

Find out about food that comes from UK farms. How is it made?



Read some stories that are to do with food. There are lots on YouTube. Which ones did you like?



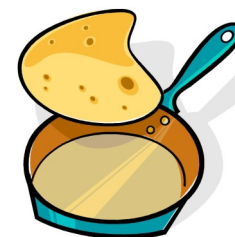
Help your grown up to cook. What did you make? What ingredients have you used? How did you make it?

Remember to be careful!



Can you look at the different food groups? What are they? Can you find foods in your house that belong to each of the groups?

Find out about Pancake Tuesday. What is it? Why do we celebrate it? Make some pancakes.



Can you research about different types of farms in the UK?

