

ECO COUNCIL - Guide to an Eco Friendly Christmas

WRAPPING PAPER

- ❖ Make Eco Wrapping Paper

Most wrapping paper can't be recycled because of the foil, glitter, plastic or dye it contains. Up to 200,000 miles of wrapping paper is thrown away each year!

Try and make your own wrapping paper using brown paper, unbleached and uncoated. Then print it with simple patterns.



Don't use sellotape to wrap – use twine or string. Then reuse and recycle old cards to make gift tags. Instead of foil Christmas bows why not use a sprig of greenery.



DECORATIONS

- ❖ See if you can make decorations from things around the home or from natural things like pine cones, sticks or nuts.



- ❖ Buy your Christmas food locally – less air miles and less packaging
- ❖ Buy presents from local gift fairs
- ❖ Use LED lights on your tree
- ❖ Avoid anything with glitter on – keep wildlife and Mrs Ashworth happy!

CHRISTMAS TREES

- ❖ If you buy a real one make sure you take it to be recycled or buy one with roots that can be planted out

OUR FINAL TIP – Don't be greedy and ask for too much!